WHAT TO BRING ON YOUR FIRST VISIT

- 1. Your medical history in detail: Medical problems, lab results, Ct scan results, surgeries including dates, the names of the all the doctors (and telephone numbers) you see
- 2. A list of ALL your medications including over the counter medication, vitamins and herbal supplements, the dosages are also very important.
- 3. Pen and a notepad to write down any instructions given to you by the doctor
- 4. A prioritized list of your reasons for seeing the doctor and any questions you may have.
- 5. A second pair of ears, if possible (ie another person) to help understand what the doctor explains to you,
- 6. Your Insurance card(s), your referral (if you have a HMO plan) and your copay (credit cards, cash only. Checks are not accepted)
- 7. Bring your patience and understanding. Just like a carefully planned wedding day things are bound to go wrong. Emergencies, unscheduled procedures, slower patients that cannot see or move very well, cancellations etc. Please accept our efforts to try to make everybody happy.